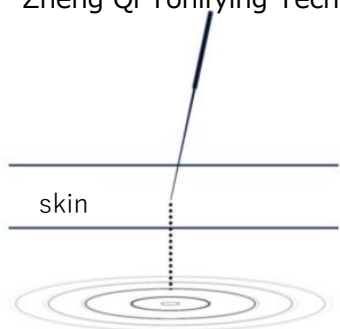


・肌鍼（肌気を調整）

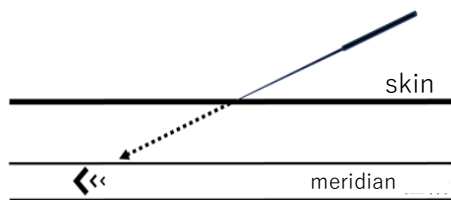
Zheng Qi Tonifying Technique



The treatment is performed for deficiencies in the skin, including the dermis and subcutaneous fat. It is applied to depressed or weakened areas of the dermis and subcutaneous fat.

・経気鍼（経絡の気の調和）

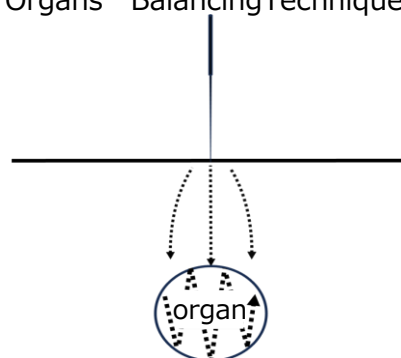
Tonify meridian Qi



Align the needle tip along the meridian and gently bring it into contact with the epidermis. Transmit vibrations from the needle to the acupuncture points, facilitating the flow of energy along the meridian.

・臓腑鍼（臓腑の気の調和）

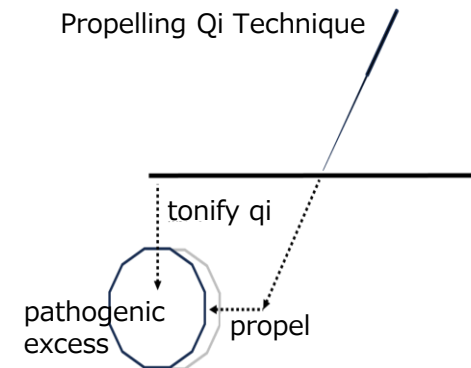
Organs Balancing Technique



Direct the needle tip toward the internal organs and bring it into contact with the epidermis. This facilitates the circulation of energy between the body's surface (yang) and the internal organs (yin), promoting the harmony of yin and yang.

・推動鍼（筋肉の気を調整）

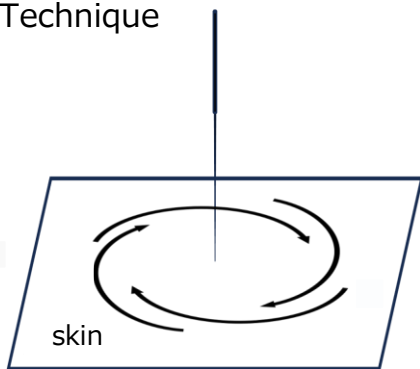
Propelling Qi Technique



Applied for stagnation in skin and muscle connections, as well as induration in subcutaneous fat, fascia, and muscles, including water retention, qi stagnation, and blood stasis

・皮気鍼（皮気の調整・補法）

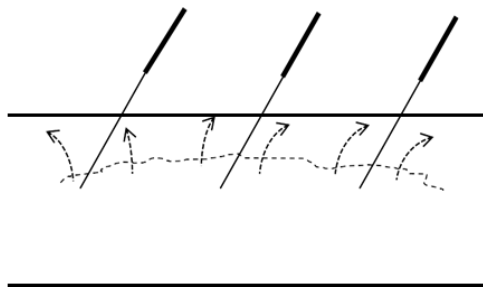
Yang Qi Tonifying Technique



Contact the needle tip with the skin, hold it upright, and twist left and right. Used for numbness or loose interstitial skin.

・散鍼（皮気の調整・瀉法）

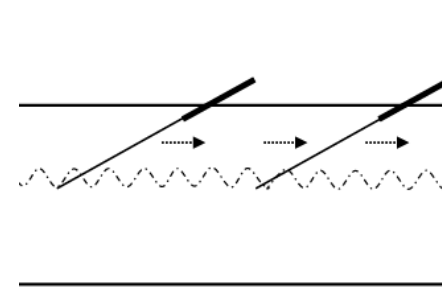
Qi Splashing Technique



Gently disperse stagnant skin qi. Continuously withdraw the needle as the tip makes contact with the skin. This technique is applied to areas of stagnant skin qi that appear dark or rough, most commonly in the lower back.

・調整鍼（皮気の調整、仕上げ）

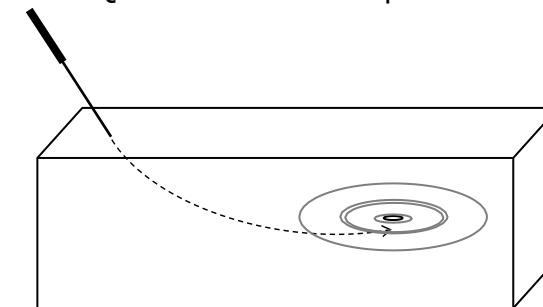
Qi Smoothing Technique



A needling technique to smooth and regulate skin qi. The needle tip continuously touches the skin until it becomes smooth and moisturized.

・引き鍼（気を引き遠隔の邪を散らす）

Qi Transfer Technique



Select specific acupuncture points according to the condition. Draw qi away from the affected area and disperse pathogenic factors.